FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* STACK DAVID M						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]								5. Relationship of Repor (Check all applicable) X Director			ting Person(s) to Issuer 10% Owner		
(Last) (First) (Middle) C/O PACIRA BIOSCIENCES, INC. 5 SYLVAN WAY, SUITE 300						3. Date of Earliest Transaction (Month/Day/Year) 08/17/2020								X Officer (give title Other (specify below) CEO and Chairman					
(Street) PARSIPPANY NJ 07054				1	4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicab Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					erson
(City)				<u> </u>															
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
'''' ''' [2. Transaction Date (Month/Day/Y	ear) i	2A. Deemed Execution Date, if any (Month/Day/Year)		·,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a			Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price		Reported Transact (Instr. 3 a	ion(s)	(instr.	4)	(Instr. 4)
Common Stock 08/17/2					20	0			S ⁽¹⁾		11,783	D	\$61.79	9(2)	(2) 176,594		1	D	
Common Stock 08/17/202					20	0			S ⁽¹⁾		3,217	D	\$62.34	4 ⁽³⁾	173,377			D	
Common Stock															18,	596		I	By Stack Schroon Mohawk FLP ⁽⁴⁾
Common Stock															1,208				By LCK Investment LLC ⁽⁴⁾
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, ecurity or Exercise (Month/Day/Year) if any				Transaction of Code (Instr. Derivati		ative rities ired osed	Exp (Mo	iration	ercisable and Date y/Year)	Amor Secu Unde Deriv Secu	7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)		Security (Instr. 5) 8. Price of Derivative Security (Instr. 5) 9. Numb derivativ Securiti Benefici Owned Followir Reporte Transac (Instr. 4)		Pe Ownersh Es Form: Direct (D or Indire (I) (Instr.		Beneficial Ownership ct (Instr. 4)	
					Code	v	(A)	(D)	Date Exe	e rcisabl	Expiration e Date	n Title	Amount or Number of Shares	r					

Explanation of Responses:

- 1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan previously adopted by the reporting person in accordance with Rule 10b5-1 of the Securities Exchange Act of
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$61.18 to \$62.17, inclusive. The reporting person undertakes to provide to the issuer, any shareholder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes 2 and 3.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$62.18 to \$62.74, inclusive.
- 4. Mr. Stack is the general partner of Stack Schroon Mohawk FLP. Mr. Stack and his wife are the owners of LCK Investment LLC.

Remarks:

/s/ Kristen Williams, 08/19/2020 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.