FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	2054

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* STACK DAVID M						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
	•	CIENCES, INC.	(Middle)			Date of /24/20		est Trar	saction	(Mon	th/Day/Year)		X Officer (give title Other (speci below) CEO and Chairman						ecify	
(Street)				- 4. I	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicab Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	-	(Zip)																	
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date,		3. Transaction Code (Instr. 8)				(A) or	5. Amount of		,	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									Code	v	Amount	(A) or (D)	Price		Transaction	Transaction(s) (Instr. 3 and 4)			(instr.	. 4)
Common Stock		03/24/2	03/24/2021				G	v	1,080	D	\$0.00	0 97,273		73	I		Coll	stment,		
Common Stock			05/11/2021				M ⁽²⁾		21,250	A	\$10.8	0.81 97,311		.1 D)				
Common Stock		05/11/2021				S ⁽²⁾		13,318	D	\$60.78	78 ⁽³⁾ 83,993		3	D						
Common Stock			05/11/2021				S (2)		7,932	D	\$61.19				D					
Common Stock			05/12/2021					M ⁽²⁾		21,250	A	\$10.8				D				
Common Stock			05/12/2021					S ⁽²⁾		2,970	D -	\$60.76				D				
Common Stock		05/12/2021					S ⁽²⁾		14,669	D	\$62.08				D					
Common	Stock			05/12/2	2021	-			S ⁽²⁾		3,611	D	\$62.41 ⁽⁷⁾		76,061		D		D C),
Common	Stock														18,59	18,596 I By S Schru Moh. FLP ⁽		oon awk		
Common Stock				315				I		By L Inve LLC	stment									
		-	Table I								sposed of, , convertil				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Conversion Date (Month/Day/Year) Price of Derivative		3A. Deemed Execution Date,		action Instr.	5. Number of			e Exer	cisable and	able and 7. Title and Amo		8. Price of Derivative Security		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisabl		Expiration Date	Title	Amou or Numb of Share	ber						
Stock Option (Right to Buy)	\$10.81	05/11/2021			M			21,250	(8)		06/05/2022	Common Stock	21,2	250 \$0.00		109,920		D		
Stock Option (Right to Buy)	\$10.81	05/12/2021			M			21,250	250 (8)		06/05/2022	Common Stock			\$0.00	88,670		D		
	n of Resnons																			

- 1. Mr. Stack and his wife are the owners of each of Three Colleens Investment, LLC and LCK Investment LLC. Mr. Stack is the general partner of Stack Schroon Mohawk FLP.
- 2. The option exercises and sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan previously adopted by the reporting person in accordance with Rule 10b5-1 of the Securities
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$60.00 to \$60.995, inclusive. The reporting person undertakes to provide to the issuer, any shareholder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes 3 through 7.
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$61.00 to \$61.68, inclusive.
- 5. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$60.33 to \$61.31, inclusive.

- 6. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$61.355 to \$62.35, inclusive.
- 7. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$62.355 to \$62.595, inclusive.
- 8. The option vested and became exercisable as to 25% of the option shares on June 5, 2013 and as to the remaining shares in successive equal monthly installments for the subsequent 36 months.

Remarks:

/s/ Kristen Williams, Attorneyin-Fact 05/13/2021

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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