FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* REINHARDT MAX						2. Issuer Name and Ticker or Trading Symbol Pacira BioSciences, Inc. [PCRX]									II applic Directo Officer	fficer (give title		10% Ov Other (s	vner	
(Last) (First) (Middle) C/O PACIRA BIOSCIENCES, INC. 5 SYLVAN WAY, SUITE 300						3. Date of Earliest Transaction (Month/Day/Year) 09/17/2020								below) below) President						
(Street) PARSIPPANY NJ 07054 (City) (State) (Zip)					_ 4. l [·]	4. If Amendment, Date of Original Filed (Month/Day/Year)								ne) X						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
Date				2. Transa Date (Month/D		ar) E	any	med on Date, Day/Year	3. Transaction Code (Instr. 8)			es Acquired Of (D) (Insti		nd 5) Securiti Benefic		es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D)	Price	1	ransact	ransaction(s) nstr. 3 and 4)			(111341. 4)	
Common Stock 0				09/17	17/2020				M ⁽¹⁾		25,000	A	\$42.	54 39,00		,000		D		
Common Stock 09/				09/17	7/2020				S ⁽¹⁾		22,532	D	\$59.7	359.75 ⁽²⁾ 16,8		388(3)		D		
Common Stock 09/17/2				/2020	2020			S ⁽¹⁾		2,888	D	\$60.2	\$60.26(4)		,000		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	n Date,	4. Transaction Code (Instr. 8)				6. Date I Expirati (Month/	on Da		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Deri	rice of vative urity tr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares							
Stock Option (Right to Buy)	\$42.54	09/17/2020			M			25,000	(5)		07/02/2029	Common Stock	25,000	\$	0.00	175,00	0	D		

Explanation of Responses:

- 1. The option exercises and sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan previously adopted by the reporting person in accordance with Rule 10b5-1 of the Securities Exchange Act of 1934.
- 2. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$59.165 to \$60.160, inclusive. The reporting person undertakes to provide to the issuer, any shareholder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in footnotes 2 and 4.
- 3. Includes 420 shares of common stock acquired under the issuer's employee stock purchase plan in June 2020.
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$60.180 to \$60.400, inclusive.
- 5. The stock option vested and became exercisable as to 25% of the option shares on the first anniversary of the grant date, and vests as to the remaining shares in successive equal quarterly installments over the subsequent three years, provided that the reporting person remains in continuous service with the issuer as of each vesting date.

Remarks:

/s/ Kristen Williams, Attorneyin-Fact

09/21/2020

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.